***Psychology***

***Mr. Bambenek***

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***Lap 5: Our Interests***

**Late Assignments from Lap 4**

Are all due by. Failure to turn in late or missing work by the appropriate day will result in a zero for that particular assignment – no exceptions.

***Learning Goals:***

1. List the four stages of sleep.
2. Explain the significance of dreams.
3. Summarize the purpose & goals of hypnosis and meditation.
4. Analyze the cause & effects of bipolar disorder.

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| **Enrichment** | |
| Watch the movie What Dreams May Come. Answer the following questions in a 2-3 page essay: How does the film portray death as an altered state of consciousness? What are your opinions on the film’s portrayal of death? How does it fit/not fit into your own personal viewpoints on what happens when a person dies? | **Due in class:**  **12/14** |

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| **Lap 5 Summative Assessment** | |
| Lap 5’s summative assessment will be on the Final Exam. |  |

***Calendar of Events***

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| **Day 1** | |
| 1. **Due at class time** – Nothing at this time. 2. **What we are doing today** – Go over LAP. Complete Course Evals. Description of Sleep and Dream journals. Introduction to the brain and consciousness. 3. **Assignment for next time** – Read the article *Winding Through ‘Big Dreams’ Are the Threads of Our Lives* and answer the corresponding questions for credit. | **Freud**  **C – Day**  **11/29**  **Piaget**  **D - Day**  **11/30** |
| **Day 2** | |
| 1. **Due at class time** – Questions from article ( for credit). 2. **What we are doing today** – The meaning of dreams. 3. **Assignments for next time** – Complete the *Morningness--Eveningness Questionnaire* on my weebly. | **Freud**  **D – Day**  **11/30**  **Piaget**  **E - Day**  **12/1** |
| **Day 3** | |
| 1. **Due at class time** – Questionnaire. 2. **What we are doing today** – Sleep & Dream Information Questionnaire. Discuss sleep stages and disorders. 3. **Assignment for next time** – View the Ted Talk on my weebly and answer the corresponding questions. | **Freud & Piaget**  **G – Day**  **12/5** |
| **Day 4** | |
| 1. **Due at class time** – View the Ted Talk on my weebly and answer the corresponding questions. 2. **What we are doing today** – Sleep IQ Test. Evaluate whether you are sleep deprived. Explore tips for better sleep. 3. **Assignment for next time** – Complete the Sleep Lab by going to my weebly and answering the corresponding questions. | **Piaget**  **H – Day**  **12/6**  **Freud**  **J - Day**  **12/7** |
| **Day 5** | |
| 1. **Due at class time** – Complete the Sleep Lab by going to my weebly and answering the corresponding questions. 2. **What we are doing today** – Hypnosis and mediation. Explore the benefits and practice. 3. **Assignment for next time** – Read the article titled *“Psychopaths”* on my weebly and answer the corresponding questions for credit. | **Piaget**  **J – Day**  **12/7**  **Freud**  **K - Day**  **12/8**  **(short)** |
| **Day 6** | |
| 1. **Due at class time** – Questions on article (for credit). 2. **What we are doing today** – Compare and contrast psychopaths and sociopaths. Create a model of each. 3. **Assignment for next time** –prepare for quiz on day 8. | **Freud & Piaget**  **A - Day**  **12/9** |

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| **Day 7** | |
| 1. **Due at class time** – none 2. **What we are doing today** – Analyze the causes and effects of bipolar disorder.      1. **Assignment for next time** – Prepare for quiz. | **Piaget**  **D – Day**  **12/14**  **Freud**  **C - Day**  **12/13** |
| **Day 8** | |
| 1. **Due at class time** – Sleep/Dream journals due. 2. **What we are doing today** – Share our findings from our Sleep/Dream journals. Quiz. 3. **Assignment for next time** –None. Prepare for Final Exam. | **Piaget**  **E - Day**  **12/15**  **Freud**  **D - Day**  **12/14** |