***Psychology***

***Mr. Bambenek***

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***Lap 5: Our Interests***

**Late Assignments from Lap 4**

Are all due by. Failure to turn in late or missing work by the appropriate day will result in a zero for that particular assignment – no exceptions.

***Learning Goals:***

1. List the four stages of sleep.
2. Explain the significance of dreams.
3. Summarize the purpose & goals of hypnosis and meditation.
4. Analyze the cause & effects of bipolar disorder.

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| **Enrichment** |
| Watch the movie What Dreams May Come. Answer the following questions in a 2-3 page essay: How does the film portray death as an altered state of consciousness? What are your opinions on the film’s portrayal of death? How does it fit/not fit into your own personal viewpoints on what happens when a person dies? | **Due in class:****12/14** |

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| **Lap 5 Summative Assessment** |
| Lap 5’s summative assessment will be on the Final Exam.  |  |

***Calendar of Events***

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| **Day 1** |
| 1. **Due at class time** – Nothing at this time.
2. **What we are doing today** – Go over LAP. Complete Course Evals. Description of Sleep and Dream journals. Introduction to the brain and consciousness.
3. **Assignment for next time** – Read the article *Winding Through ‘Big Dreams’ Are the Threads of Our Lives* and answer the corresponding questions for credit.
 | **Freud****C – Day** **11/29****Piaget****D - Day****11/30** |
| **Day 2** |
| 1. **Due at class time** – Questions from article ( for credit).
2. **What we are doing today** – The meaning of dreams.
3. **Assignments for next time** – Complete the *Morningness--Eveningness Questionnaire* on my weebly.
 | **Freud****D – Day** **11/30****Piaget** **E - Day****12/1** |
| **Day 3** |
| 1. **Due at class time** – Questionnaire.
2. **What we are doing today** – Sleep & Dream Information Questionnaire. Discuss sleep stages and disorders.
3. **Assignment for next time** – View the Ted Talk on my weebly and answer the corresponding questions.
 | **Freud & Piaget****G – Day** **12/5** |
| **Day 4** |
| 1. **Due at class time** – View the Ted Talk on my weebly and answer the corresponding questions.
2. **What we are doing today** – Sleep IQ Test. Evaluate whether you are sleep deprived. Explore tips for better sleep.
3. **Assignment for next time** – Complete the Sleep Lab by going to my weebly and answering the corresponding questions.
 | **Piaget****H – Day** **12/6****Freud****J - Day****12/7** |
| **Day 5** |
| 1. **Due at class time** – Complete the Sleep Lab by going to my weebly and answering the corresponding questions.
2. **What we are doing today** – Hypnosis and mediation. Explore the benefits and practice.
3. **Assignment for next time** – Read the article titled *“Psychopaths”* on my weebly and answer the corresponding questions for credit.
 | **Piaget****J – Day** **12/7****Freud****K - Day****12/8****(short)** |
| **Day 6** |
| 1. **Due at class time** – Questions on article (for credit).
2. **What we are doing today** – Compare and contrast psychopaths and sociopaths. Create a model of each.
3. **Assignment for next time** –prepare for quiz on day 8.
 | **Freud & Piaget****A - Day****12/9** |

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| **Day 7** |
| 1. **Due at class time** – none
2. **What we are doing today** – Analyze the causes and effects of bipolar disorder.

 1. **Assignment for next time** – Prepare for quiz.
 | **Piaget****D – Day** **12/14****Freud****C - Day****12/13** |
| **Day 8** |
| 1. **Due at class time** – Sleep/Dream journals due.
2. **What we are doing today** – Share our findings from our Sleep/Dream journals. Quiz.
3. **Assignment for next time** –None. Prepare for Final Exam.
 | **Piaget****E - Day****12/15****Freud****D - Day****12/14** |